

# Participant Application Package

## Maternity Care for BC (MC4BC)

### Overview

#### Welcome to the MC4BC Participant Application Package!

This package contains a series of forms that must be completed, signed and submitted by all potential program participants. Here is a brief description of the forms included in the Application Package.

- **Form 1: Applicant Contact and Background Information**  
The purpose of this form is to provide MC4BC with contact and background information about the Program Applicant.
- **Form 2: Applicant Learning Needs Assessment**  
This purpose of this form is to help Participants assess their learning needs related to the provision of maternity care.
- **Form 3: MC4BC Learning Objectives Worksheet**  
Building upon learning needs identified in Form 2, the purpose of this form is to help Participants develop their MC4BC learning objectives and brainstorm training activities that will help them achieve those learning objectives.
- **Form 4: MC4BC Learning Plan**  
This form requires Participants to outline their detailed learning plans, including the Preceptor or Mentor they plan to work with, learning activities and learning objectives. It is recommended that Participants work with their preceptors when developing their learning plans. If Participants require support in identifying a Preceptor or Mentor, they are encouraged to contact their local Division of Family Practice or MC4BC Program Administrator for support. MC4BC maintains a roster of providers willing to support program Participants in different communities (contact the MC4BC Administrator for further information).
- **Form 5: Facility Letter of Support for MC4BC Participation**  
This form ensures the Participant has received approval to work at the specified facility for the purposes of MC4BC training. This form must be signed by the Health Authority approved physician leader who is responsible for recommending/confirming hospital obstetrical privileges (e.g. Chief of Medical Staff, Department Head, Division Head, etc.). Note that the Facility Letter for Support is not required for those applying to receive mentorship support only.

ALL forms must be completed, signed and submitted to the MC4BC Program Administrator.

MC4BC Administrator  
Doctors of BC  
115 - 1665 West Broadway, Vancouver, BC V6J 5A4 E:  
[gpsc.mc4bc@doctorsofbc.ca](mailto:gpsc.mc4bc@doctorsofbc.ca) W: [www.gpsc.bc.ca](http://www.gpsc.bc.ca)

**FORM 1: APPLICANT CONTACT AND BACKGROUND INFORMATION**

Collection of information: The information on this form is collected for the purposes of processing your application for funding through the MC4BC Program (a program of the General Services Practices Committee), and record keeping associated with that Program. All information you provide will be used in a manner that complies with the terms of the Freedom of Information and Protection of Privacy Act.

<b>I. PERSONAL DATA</b>					
<b>First Name:</b>			<b>Surname:</b>		
<b>Gender:</b> <input type="checkbox"/> Male <input type="checkbox"/> Female <input type="checkbox"/> Other			<b>MSP Payee Number:</b>		
<b>Email:</b>			<b>Cell Phone:</b>		
<b>Home Phone:</b>			<b>Business Phone:</b>		
<b>II. COLLEGE OF PHYSICIANS AND SURGEONS OF BC (CPSBC) REGISTRATION</b>					
<b>Date of CPSBC Registration (dd/mm/yyyy):</b>			<b>CPSBC Identification Number:</b>		
<b>Name of Family Medicine Residency Program:</b>			<b>Date of Graduation (mm/yyyy):</b>		
<b>III. FUNDING REQUESTED (Check all that apply)</b>					
<input type="checkbox"/> Training Stipend	<input type="checkbox"/> Preceptor Stipend	<input type="checkbox"/> Mentorship Stipend	<input type="checkbox"/> Travel Allowance	<input type="checkbox"/> Additional Educational Requirements	<input type="checkbox"/> CMPA Differential
Are you receiving any other funding or incentives for obstetrical training from any other source? <input type="checkbox"/> Yes <input type="checkbox"/> No  If yes, please list other funding or incentives:					
<b>IV. DECLARATION</b>					
I hereby declare that the information I have provided in this application is, to the best of my knowledge, correct and complete. I acknowledge that this information may be used to determine my eligibility for funding from the MC4BC Program and to determine whether I must repay any such funding if I do not complete any approved and funded training.					
<ul style="list-style-type: none"> <li>• I understand that making statements that are not true, or that are misleading, may be considered fraud. Fraud is against the law in Canada and reasonable suspicion of fraud may result in civil action or criminal prosecution;</li> <li>• I understand that the sessional fee from my first delivery (\$158.97) will be withheld until the completion of the Program;</li> <li>• I agree that I will provide proof of completion of the Program by submitting a Self-Reflection Learning Activity Form to the MC4BC Administrator;</li> <li>• I agree that I will use GPSC funds specifically and exclusively for enhanced obstetrical training only;</li> <li>• I have divulged all other sources of obstetrical training/upgrading funding that I have received;</li> <li>• I agree that I will maintain hospital privileges and obstetrical professional liability insurance to provide obstetrical services within the Province of British Columbia for a minimum of 2 years upon completion of the Program;</li> <li>• I understand that I may be asked for information about the Program for evaluation purposes.</li> </ul>					
<b>Applicant Signature:</b>			<b>Applicant Name:</b>		
<b>Date Signed (dd/mm/yyyy):</b>					

**FORM 2: APPLICANT LEARNING NEEDS ASSESSMENT**

This purpose of this needs assessment is to help Participants identify their learning needs related to the provision of maternity care.

**I. GENERAL MATERNITY CARE EXPERIENCE**

**Please provide details about your maternity care experience to date.**

<b>MEDICAL SCHOOL</b>	
<b>Year of Graduation:</b>	<b>Location:</b>
<b># of weeks of experience with maternity care:</b>	<b># of births attended as learner (actual or estimated):</b>
<b>Other details about medical school maternity care experience:</b>	
<b>RESIDENCY OR INTERNSHIP</b>	
<b>Year of Graduation:</b>	<b>Location:</b>
<b># of weeks of experience with maternity care:</b>	<b># of births attended as learner (actual or estimated):</b>
<b>Other details about residency or internship maternity care experience:</b>	
<b>PRACTICE</b>	
<b>Dates involved in practice:</b> <b>From (mm/yy):</b> <b>To (mm/yy):</b>	<b>Location:</b>
<b># of weeks of experience with maternity care:</b>	<b># of births attended as most responsible provider (actual or estimated):</b>
<b>Other details about practice-based maternity care experience:</b>	

**FORM 2: APPLICANT LEARNING NEEDS ASSESSMENT (CONT.)**

**II. SYSTEMS AND RESOURCES IN COMMUNITY AND LOCAL FACILITY**

**Please rate your familiarity with the following maternity-related systems and resources in the local community/facility you plan to work in for MC4BC.**

Learning Area	Not at all familiar	Somewhat familiar	Very familiar
Registration for in-hospital delivery.			
Policies regarding referral if any.			
Policies and processes for hospital privileges and maintenance of privileges.			
Policies and processes for induction of labour.			
Facilities for ultrasound and prenatal genetic screening, specialist referrals, Public Health supports, other resources.			
Indications for and mechanism of transfer to another facility.			
Resources available for PN care, PP care, newborn care, breastfeeding, specialists, Public Health, special populations, PP depression, etc.			
Understand who the team members are for various aspects of care.			
On-call arrangements and options.			
Work-life balance strategies used by local physicians.			

**FORM 2: APPLICANT LEARNING NEEDS ASSESSMENT (CONT.)**

**III. PRENATAL CARE**

Please rate your competence in providing maternity care in the following areas related to prenatal care.

Learning Area	Needs significant improvement	Satisfactory; could improve	Perform with ease
Pregnancy confirmation, determining and confirming expected due date (EDD)			
Prenatal genetic screening: tests available, timing, referral, counseling, results follow up			
Screening in PN care: by history, ethnicity, risk factors, and physical examination			
Lifestyle counseling in PN care			
Routine PN visits			
Management of requests for abortion, including referral, counseling, and follow up			
Management of early pregnancy bleeding and miscarriage			
Management of hypertensive disorders during pregnancy			
Management of threatened and actual preterm labour			
Diagnosis and management of suspected growth variations (IUGR, macrosomia)			
Counselling and eligibility for VBAC and consent if applicable			
Administering and interpreting TACE and Edinburgh Postpartum Depression Scale questionnaires			
Prelabour rupture of membranes, at term and preterm			
Screening and management of Gestational Diabetes			
Availability of specialists at this facility and community			
Indications for referral for Obstetrics, Internal Medicine, Anesthesia, Pediatrics, and other specialties.			

## FORM 2: APPLICANT LEARNING NEEDS ASSESSMENT (CONT.)

### IV. LABOUR & BIRTH

Please rate your competence in providing maternity care in the following areas related to labour and birth.

Learning Area	Needs significant improvement	Satisfactory; could improve	Perform with ease
Management of prodromal labour			
Management of normal second stage			
Analgesia options in labour: <ul style="list-style-type: none"> <li>▪ Medications and dosages</li> <li>▪ Sterile water injection technique</li> <li>▪ Nitrous oxide technique</li> </ul>			
Assessment and management of progress in labour and recognizing variations in labour			
Management of dystocia in labour			
Management of induction of labour			
Management of augmentation of labour			
Interpretation of fetal heart rate assessments <ul style="list-style-type: none"> <li>▪ Auscultation</li> <li>▪ Continuous electronic fetal heart rate monitoring and indications</li> </ul>			
Management of shoulder dystocia			
Conducting an in-hospital delivery (Management of stages of labour: first stage; second stage; third stage; fourth stage)			
Promoting normal birth without interventions			
Providing care with and without epidural			
Performing episiotomy and indications for			
Delivery of placenta by manual removal			
Diagnosis and management of post-partum hemorrhage			
Repair of 2 <sup>nd</sup> degree lacerations and diagnosis of 3 <sup>rd</sup> / 4 <sup>th</sup> degree lacerations			
Performing vacuum-assisted delivery			
Indications for specialist consultation in labour			
Examination of newborn after birth			
Performing resuscitation of a newborn (NRP)			

**FORM 2: LEARNING NEEDS ASSESSMENT (CONT.)**

**V. POSTPARTUM AND NEWBORN CARE**

Please rate your competence in providing maternity care in the following areas related to postpartum and newborn care.

Learning Area	Needs significant improvement	Satisfactory; could improve	Perform with ease
Post-partum care of mother, routine			
Diagnosis and treatment of infections: endometritis, UTI, mastitis			
Screening for and treatment of PP depression			
Follow up for complications of pregnancy and birth (i.e. PIH, GDM, PPH etc.)			
Discharge criteria for mother and newborn			
Supporting early breastfeeding: <ul style="list-style-type: none"> <li>▪ At delivery</li> <li>▪ In the 1st 24 hours</li> <li>▪ In the 2nd 24 hours</li> <li>▪ In the 3rd day and beyond</li> </ul>			
Diagnosis and treatment of breastfeeding problems			
Neonatal hyperbilirubinemia: testing for, interpretation, treatment			
Newborn Hypoglycemia - indications for testing, tests, and interpretation			
Neonatal withdrawal syndromes (narcotics, antipsychotics, antidepressants)			
Assessment of newborn weight changes and treatment of excessive wt. loss			
Child development in first 2 weeks			
Rourke Baby Record– how to use, where to find it			

**FORM 3: MC4BC LEARNING OBJECTIVES WORKSHEET**

Building upon learning needs identified in Form 2, the purpose of this worksheet is to help Participants develop their MC4BC learning objectives and brainstorm training activities that will help them achieve those learning objectives.

Learning Objectives	What activities might help you achieve your objectives?
1.	
2.	
3.	
4.	
5.	



**FORM 4: MC4BC LEARNING PLAN**

This purpose of this form is for participants to outline their detailed learning plans, including the Preceptor or Mentor they plan to work with, their planned activities and learning objectives. It is recommended that participants work with their Preceptors/Mentors when completing this form. If participants require support in identifying a Preceptor or Mentor, they are encouraged to contact their local Division of Family Practice or MC4BC Program Administrator for support. MC4BC maintains a roster of providers willing to take on program participants in different communities.

<b>I. PRECEPTOR(S) OR MENTOR(S)</b>	
<b>Name(s):</b>	<b>Clinic Location:</b> <b>Facility Location:</b>
<b>II. DATES AND DURATION OF LEARNING PERIOD</b>	
<b>Expected Start Date:</b>	<b>Expected End Date:</b>
<b>III. REQUIREMENTS FOR OBSTETRICAL PRIVILEGES AT FACILITY (not required for mentorship only)</b>	
<b>List facility requirements and your plan to meet them (include dates):</b>	
<b>IV. DETAILED LEARNING PLAN: PRENATAL, POSTPARTUM &amp; NEWBORN CARE</b>	
<b>Planned Activities:</b>	
<b>Learning Objectives:</b>	
<b>IV. DETAILED LEARNING PLAN: LABOUR &amp; BIRTH</b>	
<b>Planned Activities:</b>	
<b>Expected number of births:</b>	
<b>Learning Objectives:</b>	

**FORM 5: FACILITY LETTER OF SUPPORT FOR MC4BC PARTICIPATION**

This form should be signed by the Health Authority approved physician leader who is responsible for recommending/confirming hospital obstetrical privileges (e.g. Chief of Medical Staff, Department Head, Division Head, etc.).

The GP mentioned below (Applicant) is applying to the GPSC Maternity Care for BC (MC4BC) Program to enhance their maternity care skills and experience. A brief outline of their learning plan is outlined in Form 4 of this Application Package. If you are able to support this plan, please sign this form and return it to the Applicant.

This form does not need to be completed by those applying to receive mentorship support only.

<b>TO BE COMPLETED BY MC4BC APPLICANT</b>	
<b>First Name:</b>	<b>Surname:</b>
<b>Name of facility:</b>	
<b>Name of Preceptor(s):</b>	
<b>Brief description of Applicant’s planned learning activities:</b>	
<b>Planned dates for learning period. From:</b>	<b>To:</b>
<b>TO BE COMPLETED BY FACILITY</b>	
I _____ (Print Name) support the Applicant’s self-directed learning plan at this facility. I confirm that the Applicant has met the requirements and has been (or will be) granted temporary hospital privileges to provide obstetrical care during the learning period noted above.	
<b>Signature:</b>	
<b>Position:</b>	
<b>Date Signed (dd/mm/yyyy):</b>	